

Dear St. Alphonsus Parents/Guardians:

As we begin a new calendar year, we would like to extend well wishes and prayers to all of our students, families, and staff for a happy, healthy, and hope-filled New Year. January offers us a time to reflect, renew, and look ahead with gratitude for God's many blessings and with trust in His continued guidance.

Our school community is blessed to gather for our Christmas liturgy, where we will celebrate the birth of Jesus. Our Epiphany celebration and water blessing further reminds us that Christ's light is meant for everyone, calling us to share His love through kindness, service, and compassion. Thank you to our students and staff for preparing such meaningful celebrations of our faith.

We would also like to extend a sincere thank you to our School Community Council for generously organizing the perogy and sausage lunch for students and staff. Your ongoing support and dedication to our school are truly appreciated, and events like these strengthen our sense of community and belonging.

May this New Year be filled with learning, laughter, faith, and continued growth for all. We look forward to the months ahead as we journey together in faith and learning.
God's blessings,

Mr. M. Cristo, Principal **Mrs. C. Bohn, Vice-Principal**



Calendar of Events

January 14	Perogy Lunch Boys Basketball v. St. Paul's (4:00 p.m.)
January 15	Grade 6/7 SIGN Presentation Curling Practice Boys Basketball v. St. Michael's (4:00 p.m.)
January 16	Christmas Liturgy with Father Basil (1:00 p.m.)
January 19	Boys Basketball v. MC Knoll (4:00 p.m.)
January 20	Grade 4 Swimming Spring Play Rehearsal (3:30-4:30 p.m.) Rockin' Mental Health Clan (3:30-5:00 p.m.)
January 21	Bell Let's Talk Day
January 22	Grade 4 Swimming Curling Practice Boys Basketball Practice (3:30-4:30 p.m.)
January 26	Boys Basketball v. St. Mary's (4:00 p.m.)
January 27	Grade 4 Swimming Family Literacy Day Spring Play Rehearsal (3:30-4:30 p.m.)
January 28	Orange Shirt Day Grade 3-8 Youth Canada Presentations Grade 7/8 Band Clinic
January 29	Grade 4 Swimming Curling Practice Boys Basketball Practice (3:30-4:30 p.m.)
January 30	Inservice Day - No School



Cold Weather Guidelines

With winter conditions upon us, please keep these reminders in mind:

- 29° C and above: Students are expected to be outdoors at recesses.
- 30 to -35° C: Students are encouraged to get fresh air; however, going outside is optional.
- 36° C and below: Students will not be allowed outdoors.

- We ask that drivers not do U-Turns in the main intersection in front of the school. This is not safe for our students trying to cross the street.
- Please do not park on the crosswalks in front of the school. Our safety patrol uses these to help our students cross the street safely.
- We ask students not to play on any snowbanks near the alleys or parking lots. We are concerned someone may slip under a parked vehicle. Please be aware of this as a driver and remind your children not to play on snowbanks.
- The alleys along the school grounds may not be cleared right after snowy weather. Please ensure the alleys are cleared before trying to drive down them.
- The two parking lots on either side of the school are for staff only.

Family Literacy Day is January 27!

Family time plays a vital role in supporting our mental health by creating a sense of connection, safety, and belonging. Spending meaningful time together helps reduce stress, strengthens relationships, and gives children and adults space to share feelings, build trust, and feel supported. Whether it's sharing a meal, reading a book, or simply talking about the day, these moments remind us that we are not alone—and that connection is one of the strongest protectors of our mental well-being.

Family Literacy Day is a national celebration that highlights the importance of reading and learning together as a family. This year's theme is "Make Mealtime Family Learning Time." Mealtime offers rich opportunities to build literacy — whether you're reading recipes, writing a grocery list, sharing stories, or simply talking about your day!

Here are some simple ways to turn everyday meals into learning moments:

- Read a recipe together — ask your child to read ingredients or steps aloud.
- Plan the grocery list — talk about budgeting, spelling, and organization.
- Story sharing — each family member shares something about their day.
- Label foods — challenge kids to name colours, textures, or categories.
- Play word games — try "I Spy a word..." with things on the table

Try making this budget friendly meal as a family!

One-Pot Veggie Pasta

Ingredients

- 1 package pasta (any shape)
- 1 jar pasta sauce
- 1 can diced tomatoes (optional)
- 1 bag frozen mixed vegetables or 2–3 fresh veggies (carrots, peppers, zucchini)
- 1 tsp garlic powder or 1 clove garlic (or any seasonings you like)
- Salt & pepper to taste
- Optional: grated cheese or dried Italian seasoning

Instructions

1. Bring a large pot of water to a boil and cook pasta according to package directions.
 2. Kids can help pour pasta into the pot and set a timer.
 3. Drain pasta and return it to the pot.
 4. Add pasta sauce, diced tomatoes, veggies, and seasonings.
 5. Stir and heat on low for 5–10 minutes until veggies are warm.
- Kids can stir and help choose toppings.
5. Serve with cheese on top if desired.
Stay tuned for some fun things St. Al's has planned to celebrate literacy as a school family!

Kindergarten Enrollment 2026–2027 School Year

If you or someone you know has a child that will turn 5 before December 31, 2026, please fill out a Kindergarten registration form on our website: <https://stalphonius.christtheteacher.ca/documents/b9f90edd-dead-4e6d-8c2d-ed3b5777c29d/Elementary%20School%20Registration%20Form.pdf>





Band News

- If you are Level 3 or 4 in Band, plan to enter the 100th anniversary of the Yorkton Music Festival! Parents, check your e-mail for details on how to set up your profile and contact Mrs. Karapita for music ASAP!
- On Thursday, January 28th, Mrs. Sogbetun will give a Grade 7 and 8 Band Clinic during full band class! Please attend and arrive early to set up before 8:00 a.m.
- The Grade 5 band trip will be Monday, March 23rd!



MAKE PLANS TO
CATCH THE SPIRIT!

Spend a Day at Sacred Heart
 Thursday, February 26
Registration Night
 7:00pm School Tours
 7:30pm Information Session
 in the Theatre

All grade 8 students in Yorkton & surrounding area are invited to spend a day at Sacred Heart High School
 Please call 306-783-3128 to register.

Explore the wide variety of choices and opportunities available to Sacred Heart students. Ask questions. See the classrooms, labs & shop. Visit the art & sports facilities. Learn about our Advanced Placement & French programs. Get the information you need about our unparalleled academic, athletic and extracurricular programming.

Spirit of Faith - Spirit of Excellence - Spirit of Service - Spirit of Fun
A School You Can Believe In

280 Gladstone Avenue North, Yorkton, SK
 Phone: (306) 783-3128
 www.sacredheart.christtheteacher.ca







*"Believe...
 Belong...
 Become"*

Shared Stories Shared Faith



St. Gerard's Youth Ministry welcomes Grade 8 - 12 young adults.
 Join us for 10am Mass.
 Brunch & Games to follow.

When:
 Sunday, January 18, 2026

Where:
 St. Gerard Parish

Time:
 Following 10am Mass

Who:
 Young Adults Grades 8 - 12



Questions? Text/Call Scott 306-621-8291 or Colleen 306-621-7582

St. Gerard's Parish

Youth Music Ministry

Come join the worship team by leading music for mass.

January 18, 2026
@ 10:00 AM

Practice at 9:15 AM before mass

All youth Grades 4-12 are invited to join us.
 Bring your instruments!

From the MHCB

Welcome back, St. Al's families! We hope you enjoyed a joyful and restful Christmas break filled with special moments together. As we begin the New Year, we wish you health, happiness, and positive mental well-being. This is a wonderful time to reset routines, check in with one another, and continue supporting our children's mental health as they return to learning. We look forward to another year of growth, connection, and caring together as a school community. Here is a Mental Health Capacity Building Program update and some future dates to jot down!

We are proud to continue our work with the Little Spot Program, supporting early emotional development through evidence-based resources and activities that build resilience and emotional awareness. Don't forget — families can also enjoy Little Spot book bags from the school library! These bags are available to sign out and share together as a family, bringing powerful conversations about feelings and mental health into your home.

This year, we've also launched the Elementary Mental Health Literacy Program for students in Grades 5-8. This program provides students with practical knowledge and skills to understand emotions, develop coping strategies, and support themselves and their peers.

Our "Rockin' Mental Health Clan" for Grades 4 - 6 meets after school from 3:30 - 5:00 p.m. the third Tuesday of every month (with some exceptions). Our next meeting is Tuesday, January 20th. This is open to any student in those grades. Please contact Ms. De Vos at the school if your child is interested in attending.

Upcoming Events & Dates

Bell Let's Talk Day (January 21, 2026) is an annual awareness day dedicated to promoting conversations about mental health and reducing stigma. It encourages children, families, and communities to talk openly about mental well-being, ask for help when needed, and support one another. At school, we will use this day as an opportunity to reinforce the message that mental health is just as important as physical health, and that talking about our feelings is a positive and healthy step. Students and staff are encouraged to take part in small activities throughout the month of January. You can find resources and activities to do as a family on their website <https://letstalk.bell.ca>

On January 28th, students in Grades 3-8 will take part in an engaging presentation by Youth Canada, focusing on positive mental health, resilience, and community connection.

Our next family event is coming up! Mark your calendars for February 12!

~ Ms. De Vos

Make mealtime family learning time.



Follow recipes, make shopping lists, and share stories at the dinner table.

Preparing for mealtime is a fun (and tasty) way for families to learn together!

Find fun family activities at: FamilyLiteracyDay.ca



[f](#) [@](#) [in](#) [v](#)
#FamilyLiteracyDay

ORANGE SHIRT DAY

Last Wednesday of Every Month

St. Alphonsus School



Wear an orange shirt!

Our school recognizes Orange Shirt Day as an act of reconciliation.

We wear orange to remember and honour Indigenous children who attended residential schools and to show that **Every Child Matters**.

As a school, we will:

- Wear orange
- Learn and reflect together
- Show kindness, respect, and care

Every Orange Shirt Day, we will reflect together as a school.

Every Child Matters

BGC Yorkton Program Info

Included in this newsletter are calendars for all programs offered by Boys and Girls Club in Yorkton. All children taking part must have all registration and membership forms completed and turned in!

Those who would like to make donations to the programs can do so on the BGC website or at the club office (54 C Smith Street West).

After School Program - provides children (5-12) with educational support, physical activity, nutrition, arts and crafts, culture, and recreation on all school days from 3:15-5:30 p.m. at 78 1st Avenue N.

Learn-To-Cook Program - offers children (5-12) hands-on opportunities to learn cooking, nutrition, and kitchen skills on Tuesdays from 6:30-8:00 p.m. at 78 1st Avenue N.

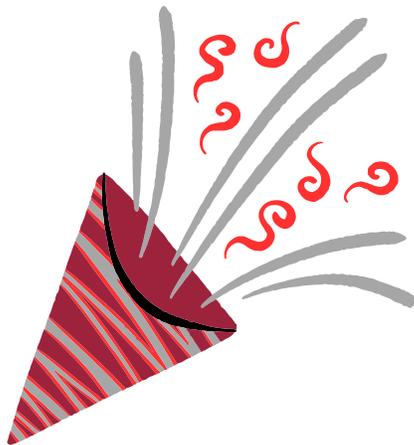
Arts & Crafts - offers children (5-12) instructed art activities and craft projects in a variety of mediums on Wednesdays from 6:30-7:30 p.m. at 78 1st Avenue N.

MY BGC - provides children (5-12) opportunities to meet club staff and engage in physical activity! Bring indoor shoes and a water bottle to St. Al's on Thursdays from 6:30-7:30 p.m. (doors open 6:15-6:30) or to Columbia School on Fridays from 6:30-7:30 p.m.

Day Camp - held on out of school inservice days and break weeks. Camps run 7:45 a.m.-5:15 p.m. for \$30 per day. Spots are limited and registration is required by calling 306-783-2582.

Teen Centre - provides youth (12-18) a safe, welcoming space for homework support, recreation, physical activity, nutrition, arts and crafts, culture, life skills, and team building! The teen centre houses a tech centre, gaming area, lounge, kitchen, lending library, and art supplies. Program is run on weekdays from 3:30-8:00 p.m. at 54 C Smith Street West.

Clothes for Bros - a free closet where youth (12-18) can shop and pick out great clothes and accessories in sizes small to plus size. Clothes for Bros is an environmental and budget friendly initiative. The closet is open by appointment and donations that are clean and in good condition are accepted.



Contact Us



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<http://stalphonus.christtheteacher.ca>



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(306)-783-4121
Fax: (306)-782-3077



Middle Year Calendar

JANUARY 2026

Check out our website: www.bgcyorkton.ca

Check out our Facebook: @BGCYorkton

Check out our Instagram: @bgcyorkton



Yorkton

BGCY Middle Years Programs are for children & youth in Kindergarten through age 12!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 HAPPY New Year	2 Day Camp (Pre-Registration Required)	3
4	5 Day Camp (Pre-Registration Required)	6 After-School Program Learn-To-Cook Mini Breakfast Omelets	7 After-School Program Arts & Crafts Program Mr. & Mrs. Snowman	8 After-School Program MY BGC Floor Hockey	9 After-School Program Columbia Gym Night	10
11	12 After-School Program	13 After-School Program Learn-To-Cook Grilled Cheese & Tomato Soup Bake	14 After-School Program Arts & Crafts Program Q-Tip Painting	15 After-School Program MY BGC Mental Health Physical Activities	16 After-School Program Columbia Gym Night	17
18	19 After-School Program Family Fun Night Stay tuned for details!	20 After-School Program Learn-To-Cook Cheesy Taco Sticks	21 After-School Program Arts & Crafts Program Bubble Chalk Art	22 After-School Program MY BGC Capture the Flag	23 After-School Program Columbia Gym Night	24
25	26 After-School Program	27 After-School Program Learn-To-Cook Dorito Casserole	28 After-School Program Arts & Crafts Program Melting Snowman	29 After-School Program MY BGC Dodgeball	30 Day Camp (Pre-Registration Required)	31

YORKTON bgc JANUARY 2026 TEEN CALENDAR

Check out our website: www.bgcyorkton.ca

Check out our Facebook: @BGCYorkton

Check out our Instagram: @bgcyorkton

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
BGCY Teen Programs are for youth age 12 through 18!						
4 Teen Centre Re-Opens after the school break on Tuesday January 6th! →	5	6 Teen Centre Program	7 Teen Centre Program Learn-to-Cook! Mini Breakfast Omelets!	8 Teen Centre Program	9 Teen Centre Program Board Games!	10
11	12 Teen Centre Program	13 Teen Centre Program Coding Night!	14 Teen Centre Program Art Night!	15 Teen Centre Program Learn-to-Cook! Grilled Cheese & Tomato Soup Bake!	16 Teen Centre Program	17
18	19 Teen Centre Program Art Night!	20 Teen Centre Program Learn-to-Cook! Cheesy Taco Sticks!	21 Teen Centre Program	22 Teen Centre Program Self Advocacy Presentation!	23 Teen Centre Program	24
25	26 Teen Centre Program	27 Teen Centre Program Art Night!	28 Teen Centre Program Learn-to-Cook! Dorito Casserole!	29 Teen Centre Program	30 No School, Teen Centre Closed!	31

This calendar showcases our regular program info for teens and includes special highlights of program activities!

