



Dear St. Alphonsus School Families,

November is a special month in our Catholic faith — a time for reflection, gratitude, and remembrance. As the days grow shorter and the season changes, our school community continues to shine with faith, learning, and kindness.

On November 5th, our students and staff will gather for our Remembrance Day Service. This is a time to pause and give thanks for the brave men and women who have served our country and for those who continue to work for peace around the world.

On November 25th and 26th, we look forward to welcoming families for our Student-Led Conferences! These meetings give students the chance to take pride in their learning by sharing their progress. We are so proud of the growth our students have shown this term and thankful for the strong partnership we share with parents and guardians. Please watch for Progress reports to come out on November 21st.

As the volleyball season comes to a close, we celebrate the amazing effort, teamwork, and sportsmanship shown by our players. Thank you to our dedicated coaches and volunteers for their time and encouragement. The year end tournament will take place November 18th to 20th for both teams. The coaches will forward a draw once it is received.

As we move through this season of remembrance and gratitude, let us continue to keep one another in prayer. May God bless our students, families, and staff with peace and joy.

Mr. M. Cristo,
Principal

Mrs. C. Bohn,
Vice-Principal

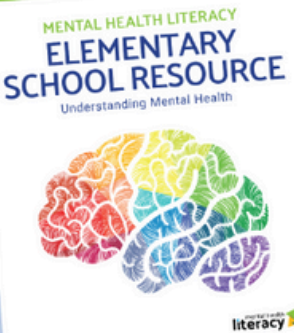


Calendar of Events



November 4	Legion Presentation: Brittany Johnson
November 5	Remembrance Day Ceremony
November 7	Grade 4 and Grade 7 Harvest Showdown Trip
November 10	Inservice Day - No School
November 11	Remembrance Day - No School
November 14	St. Alphonsus Clothing Orders Due
November 17	A-Team Spirit Week: Hat Day
November 18	A-Team Spirit Week: Inside-Out Day Year End Volleyball Tournament
November 19	A-Team Spirit Week: Classroom Colour Day Year End Volleyball Tournament
November 20	School Picture Retakes A-Team Spirit Week: Anything but a Backpack Day Year End Volleyball Tournament
November 21	UN International Child's Day Progress Reports Sent Home A-Team Spirit Week: Twin Day
November 25 -26	Teacher Conferences: 3:30 p.m. - 6:45 p.m.





**MENTAL HEALTH LITERACY
ELEMENTARY
SCHOOL RESOURCE**
Understanding Mental Health

FREE Virtual learning session

**Wednesday
November 26th
7:00 - 8:15pm**

We will cover:
How do I talk about mental health?
When should I be concerned?
What about stress & intense emotions?
and much more!

To register:
Please email
Ms De Vos
at
mhcb@cttcs.ca

Caregivers of students in
grades 5 - 8 at
St. Alphonsus School are
encourage to attend this
virtual
learning session.

Your children will be learning about
Mental Health Literacy
after Christmas.



MHCB
Mental Health Capacity Building
Christ the Teacher Catholic Schools

From the MHCB

We're excited to announce a new Mental Health Literacy Session being offered to caregivers, designed to provide valuable tools and strategies for supporting children's emotional well-being. This session aims to build understanding around mental health topics, improve communication, and empower families to foster resilience at home. We encourage all caregivers with children in Grades 5 - 8 to take part in this meaningful opportunity to strengthen their connection with their children. Please see the poster for session information!

Additionally, don't forget that Little Spot book bags are available to borrow from the school library! These engaging and educational resources help children explore emotions in a fun, age-appropriate way. Let you child's teacher know if there is one you would like your child to bring home. The emotions we have bags created for are Scribble Spot, Happiness, Peaceful, Confidence, Angry, Anxious, Sadness, and Love.

~ Ms. Jamie De Vos

LET'S BUILD A
KINDER, HEALTHIER
SCHOOL AND
COMMUNITY
TOGETHER!

INTRODUCING

A FUN AND SUPPORTIVE AFTER
SCHOOL CLUB FOR STUDENTS IN
GRADES 4-6 WHO WANT TO LEARN
HOW TO TAKE CARE OF THEIR
MENTAL HEALTH AND HELP
OTHERS FEEL THEIR BEST TOO!

MEETING AFTER SCHOOL ONCE A MONTH.
FIRST MEETING IS NOVEMBER 18TH FROM 3:25PM - 5:00PM
SNACKS PROVIDED!



ST. ALPHONSUS



MHCB
Mental Health Capacity Building
Christ the Teacher Catholic Schools

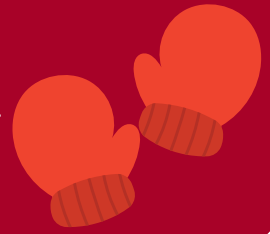
STUDENTS MUST SEE MS. DEVOS TO SIGN UP
PRIOR TO NOVEMBER 18TH

Reminders

With winter fast approaching, please ensure that your children are dressed appropriately for the weather.

The following school division winter weather guidelines have been established. Temperatures noted include reported windchill factors:

- Temperature of -29°C and above:
Students are expected to be outdoors.
- Temperature of -30°C to -35°C :
Students have the option to stay indoors.
- Temperature of -36°C and colder:
Students must stay indoors.



First Communion and Reconciliation

St. Mary's Ukrainian Catholic Church is organizing First Solemn Holy Communion and Reconciliation classes.

Children in Grade 2 or higher are invited to attend.

10 classes will be held after Christmas during Liturgy on Saturday evenings or Sunday mornings.

Contact Father Basil or Lana Klemetski (306-621-6626) with your child's name and your contact information.

Positive Parenting tip sheet session

Tween and teen digital wellbeing

Between phones, tablets, video games, and TV, managing screen time can be tough.

This session offers practical tips for parents and caregivers of children 12-16 to build healthy habits without the daily battles or guilt.

We will discuss...

- Setting age-appropriate limits;
- Reducing screen-time battles;
- Encouraging balance and connection;

Feeling more confident guiding your child in a digital world.

Triple P Learning Centre, 345 Broadway St. W., Yorkton

Save your spot at www.signyorkton.ca/register or call 306-621-3084



**Saturday
Nov. 15
10 – 11:30
In person**

Photo Retake Day

Retakes will take place on November 20th. Please let the office know if you would like your child to be on the retake list.

Remembrance Day Ceremony

Our Remembrance Day Ceremony with the Legion Color Party will be on Wednesday, Nov. 5th at 1:00 p.m. Cadets, Scouts, or Girl Guides are invited to come in uniform. Students are asked to bring a donation for a poppy on that day.



Band News

- Be sure your Grade 6-8 child can play the 2 anthems fluently for our Remembrance Day service on November 5th at 1 p.m.
- If you would like a Band Conference,, email colette.karapita@cttcs.ca to set a date & time from November 24th-28th.
- The Band Christmas concert is on Wed. December 10th at 7 p.m. at the Sacred Heart Theatre

A-Team Spirit Week

November 17-21st, 2025

Monday

Hat day - let's see your best hat!



Tuesday

Inside-Out day straight out of the dryer

Wednesday

Classroom Colour Day



Thursday

Anything but a Backpack day

Friday

Twin Day





The Sacred Heart High School Production of
Disney and CAMERON MACKINTOSH'S

MARY POPPINS

THE BROADWAY MUSICAL

A Musical based on the story of P. L. Travers and the Walt Disney Film

Nov 28
Friday 7 PM

Nov 29
Saturday 7 PM

Nov 30
Sunday 2 PM

Original Music and Lyrics by
Richard M. Sherman and Robert B. Sherman

New Songs and Additional Music and Lyrics by
Georges Stiles and Anthony Drewe

Book By
Julian Fellowes

Co-Created by
Cameron Mackintosh

MARY POPPINS is presented through special arrangement with Music Theatre International (MTI).
All authorized performance materials are also supplied by MTI. www.mtishows.com



Advance adult \$15
Advance child \$10
Tickets at door \$20

Tickets can be purchased using the QR code or by contacting the SHHS Office

The Yorkton Early Years Family Resource
Centre invites you to a

Community Baby Shower



This is a **FREE** come and go event for parents and caregivers
that are prenatal or have a baby up to 12 months old.

When: Thursday November 6th

Time: 10:00 - 2:00pm

Where: SIGN on Broadway Regency Room

Learn about supports that are available in our community for
you and your children from programs such as:

***SIGN Yorkton Early Years Family Resource Centre**

***KidsFirst Yorkton**

***Triple P Yorkton**

***PECIP**

***Public Health Early Visiting Nurses**

***Children's Therapy Program - Dental Health Educators &
Speech and Language Pathologist**

***Yorkton Public Library**

***East Central Newcomers Welcome Centre**

***Build a Village - Yorkton**

***Car Seat Safety, Installations & Information**

***City of Yorkton - Recreation Department**

AND MORE!

There will also be door prizes, draws and snacks available!



Dream Brokers

FALL NEWSLETTER | OCTOBER 2025

SUPPORT FOR FAMILIES. FUN FOR KIDS!

Are you a family facing financial struggles?
The Dream Broker Program is here to help
your kids get involved in sports, arts, and
fun activities all year long!
We offer assistance with funding,
transportation, sign ups, and any questions
you might have!



HOW TO GET STARTED

1 Ask Your School:
Request a referral form from your school.

2 Contact your Dream Broker:
Call or email me to see if you
qualify for support.



CONTACT ME

District Dream Broker - Janine Nelson

306-828-2401

jnelson@yorkton.ca

DATES TO REMEMBER

• Wednesday, December 3
Creative Kids Deadline

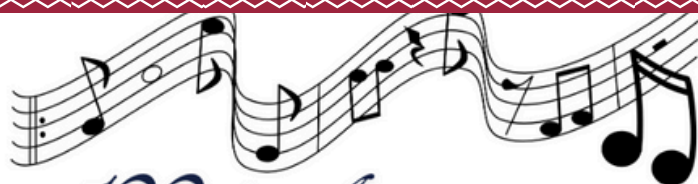
• Thursday, January 1
KidSport Funding resets



→ Stay tuned for details
on upcoming **FREE** workshops,
including two dance classes.

DID YOU KNOW?

Yorkton Sports Bank offers free new and used sports equipment
to Yorkton children and families, supporting young athletes. Visits
require an appointment; call or email your Dream Broker, Janine.
Donate unused equipment at bins in the Gallagher Centre, BGC,
and Gloria Hayden Community Centre.



100th Anniversary

Yorkton Music Festival Association

Did you know that the 2026 festival will be the Yorkton Music
Festival's 100th Anniversary? To celebrate this milestone, we are
offering two competitions to youth ages 18 and under in the
Sunrise Health District. Winners in each competition will receive
a \$100 prize, sponsored by Saddles and Steel. The deadline to
submit your logo or program cover is December 1, 2025.

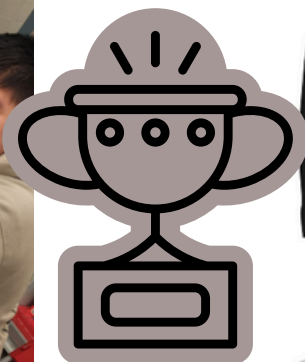
Submit to yorktonmusicfestival@gmail.com

♪ Create a logo for the Yorkton Music Festival. This
logo will be printed on a banner that will be
displayed at the 2026 festival and in the years to
come. In this logo, we ask that **est.1926** be
included with the logo.

♪ Create a cover for our 100th anniversary special
edition 2026 festival program.
Include the dates: March 9-21, 2026.



Our October!



Fear-Less Triple P

Are you a parent/caregiver of a child aged 6-14 who struggles with anxiety? This program is for you. Fear-Less is a proven positive parenting course that gives you tools to help your child manage anxiety and build resilience.

- ✓ How anxiety works and what keeps it going
- ✓ Practical strategies to reduce anxiety
- ✓ How to build your child's confidence and coping skills

Six weekly in-person group sessions and optional follow-up
starting November 6
6 to 7:30 pm



Triple P Learning Centre,
345 Broadway Street West,
Yorkton

To register call 306-621-3084 or
visit www.signyorkton.ca/register



**St. Al's
Clothing
Order Due
Nov. 14/25**



Lightweight
1/4 Zip



Sweatpants



Cotton T-shirts



Performance T-shirt
Long Sleeve



Cotton Crew
Neck Sweater



Cotton Hoodies

Contact Us



81 Henderson Street East
Yorkton, SK S3N 0A8



<http://stalphonsus.christtheteacher.ca>



saint.alphonsus@cttcs.ca
Michael.cristo@cttcs.ca



(306)-783-4121
Fax: (306)-782-3077

